

PRELIMINARY SCHEDULE

January 12, 2018 (Friday)

- 3:00 Welcome from Faculty
 3:45 Reading
 Small Group Seminars: Writing exercise

January 13, 2018 (Saturday)

- 9:00 Plenary Address: "Thickening a Thin Story with Film in the Narrative Medicine Classroom" by Maura Spiegel
 10:30 Small Group Seminars: Close Reading: Training for attentive listening
 2:00 Plenary Address: "Narrative Medicine: History, Context, and Deployment" by Danielle Spencer
 3:30 Small Group Seminars: Narrative Writing from practice: Enlarging the clinical fund of knowledge through representation

January 14, 2018 (Sunday)

- 9:00 Plenary Address: "Feasting on Metaphors: The Role of Comparisons in Clinical Practice" by Anita Wohlmann
 10:30 Small Group Seminars: Interviewing: How to elicit the full stories of illness
 1:30 Plenary Address: "Finding Oneself in the Scene: Narrative Medicine and Self-care" by Deepthiman Gowda
 3:00 All-group session

CONDITIONS

The workshop is organized by the Center of Continuing Education at Johannes Gutenberg University Mainz. It is based on the long-standing cooperation between the Transnational American Studies Institute at Mainz and Columbia University in New York City. The workshop will take place on the main campus of JGU and will be held in English.

We invite interested professionals and scholars with a background in medicine, health care or the humanities. Participants must be proficient in English.

The workshop is limited to 32 participants.
The deadline for registration is December 15, 2017.

- The workshop cost of 750,- Euro includes
- teaching equivalent of 2 ECTS
 - accreditation for continuing medical education
 - JGU certificate after successful completion
 - catering during lunch and coffee breaks

Registration and recommendations for accommodation via the following link:
www.zww.uni-mainz.de/NarMed.php
 Phone: +49 6131/39-24118

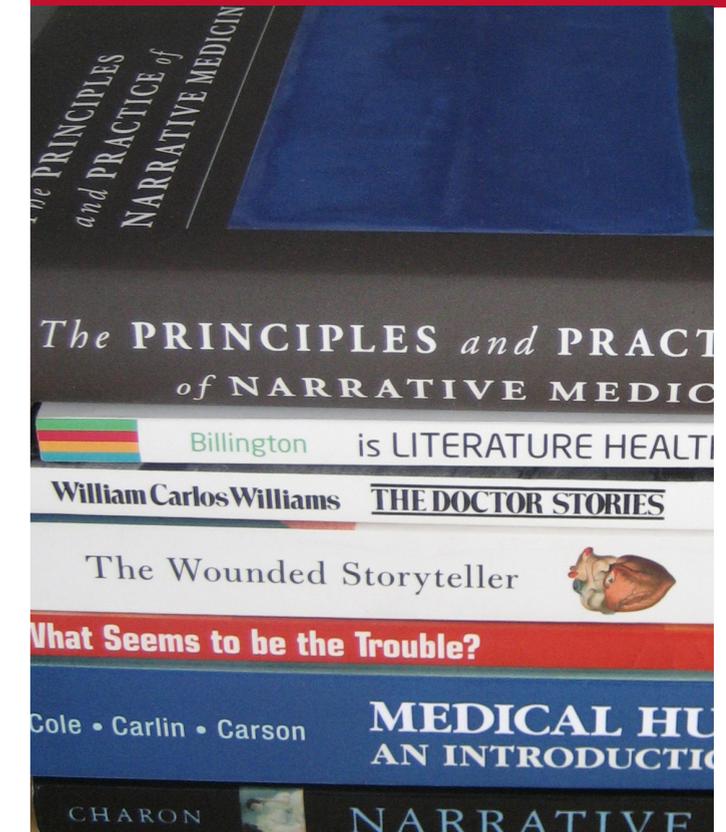
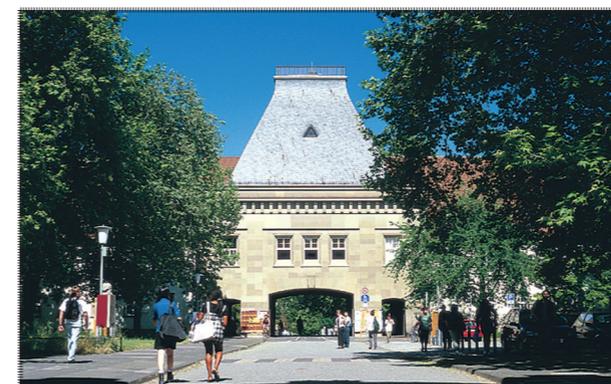
More information on narrative medicine via Prof. Dr. Alfred Hornung (hornung@uni-mainz.de)
 Obama Institute for Transnational American Studies
 Johannes Gutenberg-Universität Mainz
 Jakob-Welder-Weg 20
 55128 Mainz



Die Veranstaltung ist zur Zertifizierung bei der Ärztekammer angemeldet.

LEGAL NOTICE

JOHANNES GUTENBERG-UNIVERSITÄT MAINZ
 Zentrum für wissenschaftliche Weiterbildung
 Forum universitatis 1
 D 55099 Mainz
 Tel.: +49 6131 39-24118
www.zww.uni-mainz.de



NARRATIVE MEDICINE

JANUARY 12–14, 2018

A 3-day workshop with core faculty from the Program in Narrative Medicine at Columbia University, New York City

JOHANNES GUTENBERG
 UNIVERSITÄT MAINZ



 COLUMBIA | NARRATIVE MEDICINE

WHAT IS NARRATIVE MEDICINE?

The effective care of the sick requires singular knowledge of the patient, competence and commitment of the physician, and a sturdy bond of trust between the two. Despite the many sociocultural and professional factors that can divide doctors and patients and the impact of political and economic pressures on health care as a whole, effective medical practice needs to replace hurried and impersonal care with careful listening and attention. Narrative medicine is one cost-effective and evidence-based method to equip health care professionals with the skills needed to respond to the challenge. By fortifying clinical practice with the ability to recognize, absorb, interpret, and be moved by stories of illness, narrative training enables practitioners to comprehend patients' experiences and understand what they themselves undergo as clinicians.

"The close reading of literature opens a bottomless resource for observing, thinking, and talking together about human interactions in the medical context at a level of depth and complexity that other worthy approaches (such as "professionalism" or communication skills training) cannot match....We have found that reading literary texts with a focus on relational dynamics awakens us to the social, structural, professional, and personal relationships in our working lives."

from Rita Charon, Sayantani DasGupta, Nellie Hermann, Craig Irvine, Eric R. Marcus, Edgar Rivera Colón, Danielle Spencer, Maura Spiegel, *The Principles and Practices of Narrative Medicine* (Oxford University Press 2017)

WORKSHOP DESCRIPTION

This intensive weekend workshop offers rigorous skill-building in narrative competence. Participants will learn effective techniques for attentive listening, adopting others' perspectives, accurate representation and reflective reasoning. Small group seminars offer first-hand experience in close-reading, reflective writing, and autobiographical exercises. Participants will receive a packet of readings prior to the weekend that will include seminar articles in the field of narrative medicine by leading educators. The target audience is health care professionals and scholars interested in narrative medicine.

Those who attended the June 2016 Mainz workshop or a Columbia Narrative Medicine workshop are very welcome; they will find that the plenary talks and the small groups differ, and returning participants will focus on methods of facilitation and address issues such as how to pick texts and how to write prompts.

OBJECTIVES

Participants will

- develop narrative competence to nourish effective patient-clinician relationships
- learn narrative communication strategies for patient-centered and life-framed practice
- build habits of reflective practice that nurture clinical communities
- acquire pedagogic skills to teach methods of narrative medicine
- replace isolation with affiliation, cultivate enduring collegial alliances, and reveal meaning in clinical practice

Returning participants will further develop methods of facilitation and application for their professional areas.

FACULTY

Deepthiman Gowda, MD, MPH, is a general internist and an associate professor of medicine at Columbia University's College of Physicians and Surgeons. He is the Director of Clinical Practice for the Program in Narrative Medicine and the Director of the Foundations of Clinical Medicine, which teaches Columbia's students the medical interview, physical exam, and clinical reasoning. Through a grant from the Macy Foundation he is investigating the impact of introducing narrative medicine methods in primary care clinics.



Danielle Spencer, M.S., is a faculty member of the Program in Narrative Medicine at Columbia University as well as the Albert Einstein College of Medicine Bioethics department. She is a co-author of *The Principles and Practice of Narrative Medicine* (Oxford University Press, 2017). She worked as artist/musician David Byrne's Art Director for many years, collaborating on and exhibiting a range of projects, as well as working with photographer Nan Goldin.



Maura Spiegel, Ph.D., teaches literature and film at Columbia University and Barnard College. She is the associate director of the Program in Narrative Medicine at Columbia College of Physicians and Surgeons, where she also teaches a film course. With Rita Charon, MD, Ph.D., she edited the journal *Literature and Medicine* for seven years. She is co-author of *The Principles and Practice of Narrative Medicine* (Oxford University Press, 2017).



Anita Wohlmann, Ph.D., is assistant professor of literature and narrative medicine at the University of Southern Denmark. In her research, she explores the role of metaphors in medical humanities and American literature. After a research stay at the Program in Narrative Medicine in 2015, she has completed a certificate of study in narrative practice (Boston 2016) and has facilitated narrative medicine workshops with medical students and practitioners in Germany.

