



INTERNATIONAL DAY OF LISTENING

The International Listening Association

MINI-COURSE

An online event to provide members with topic focused series of related programming.

Listen with Empathy

In preparation for ILA's 5th annual International Day of Listening on September 17, 2020 join us for a 6-session program on **Listening with Empathy**.

At a time when there is a crucial need for empathic listening, we are challenged by our own stress and conflict to be able to listen with empathy. This 6-session mini-course, led by ILA's experts, will provide you with ways to be a more empathic listener. You will learn what empathy is and is NOT, how to identify the speaker's emotion, and how to listen and respond with empathy effectively.

Schedule of events:

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| 1. Introduction to the Empathy Process
Sheila Bentley and Margarete Imhof | May 28, 9:00 a.m-10 a.m. (EST) |
| 2. Recognize and Identify Emotions
Sheila Bentley and Margarete Imhof | June 18, 9:00 a.m. – 10:00 a.m. (EST) |
| 3. Establish an Intent for Listening
Jennie Grau | July 9, 9:00 a.m. -10:00 a.m. (EST) |
| 4. Listen with Empathy
Graham Bodie | July 30, 9:00 a.m.-10:00 a.m. (EST) |
| 5. Respond with an Appropriate Empathic Response
Lori Joubert and Krishna Naineni | August 20, 9:00 a.m.-10:00 a.m.(EST) |
| 6. Planning an Activity for International Day of Listening
Sheila Bentley and Margarete Imhof | Sept. 3, 9:00 a.m.-10:00 a.m. (EST) |

For details <https://internationaldayoflistening.com>



Where: online Zoom

Contact: Sandra Bodin-Lerner, Sandra@Be-Compelling.com

Registration (free). (LINK)

You may register for individual presentations, or you may register for the complete series. Registration and participation are free, but donations to the ILA are welcome.



Sponsored by:

International Listening Association